



\*Schedule may change or be adjusted due to weather or other circumstances. You will be notified via email of any changes to the daily camp activities.

**Fanatical Monday:** Campers will receive soccer ball and camp shirt and goalie gloves if registered as a keeper. You may purchase lunch for the week or put money on your campers account for concessions purchases at check-in.

Wear your favorite soccer jersey!

**Technique Tuesday:** Campers can demonstrate their best soccer trick or skill and can enter the juggling and skill competitions. Futsal training and Freestyle Soccer Performance!

**Wacky Wednesday:** Campers can dress wild and creative for Wacky Wednesday. Mismatch socks, crazy hair, backwards shirts, you name it! Bubble Soccer by Knockerball Chicago Bubble Soccer and fun after lunch carnival inspired activities!

**Talent Thursday:** Campers have the opportunity to display a special talent and boogie down in our after lunch dance party. Futsal training and skill demo!

**Friday Funday:** Campers can bring a squirt bottle or water shooter and a towel if desired to camp for after lunch water wars and slip n slide soccer! We will have water guns for campers to borrow. Camp is not responsible for lost or damaged property. Campers should wear their camp shirt today!

### **Lunch:**

Campers can bring their own sack lunch labeled with their name and drop it in the bin each morning at arrival. Please be considerate and use the appropriate bins as we have food allergies.

Campers may purchase lunch for \$8.00 each day. You may purchase for the entire week in advance or order each morning at check-in. Payment is due at time of order.

### **Lunch Menu:**

**Monday:** N/A

**Tuesday:** Pasta, Breadstick, Fruit, Cookie, Drink

**Wednesday:** Sub Sandwich, Chips, Fruit, Snack, Drink

**Thursday:** Hot Dog, Chips, Fruit, Snack, Drink

**Friday:** Pizza, Breadstick, Fruit, Snack, Drink

**What To Bring Everyday:**

**-Sunscreen:** Apply before arriving and encourage application after lunch. Staff can assist younger campers. Bring own sunscreen, we cannot provide it!

**-Refillable Water Bottle:** There will be both indoor and outdoor water stations and campers will be given several water breaks throughout the day. Please encourage your camper to drink and stay hydrated!

**-Indoor and Outdoor Soccer Shoes:** Campers will be training both inside and outside. Inside is a hard floor so no cleats or turf shoes allowed. Only flat bottom non-marking soles are allowed. Outside, cleats, flats or turfs are suitable to their preference. Outside is natural grass.

**-Shin Guards**

**-Camp Ball**

**-Camp Shirt-Friday Only!**

**-Lunch-** If you are not purchasing lunch at camp and are a full day camper, please bring a lunch each day.

Please label all of your campers items with their name! Camp is not responsible for lost, stolen or damaged property. We strongly discourage bringing personal items, especially electronics. Campers will only be allowed to use their devices on an emergency basis or during break times. When items are not in use such as shoes or clothing, we encourage campers to store them in a closed bag. Please make sure your camper has all their items, including their soccer ball when picking up each day. Additional soccer balls will not be provided and must be purchased if lost or forgotten.

Please submit any necessary medications or medical necessities with accompanying paper work and instructions signed by a health care provider at check-in on the first day or to the concession stand each morning upon arrival.

**Before and After Care:**

Campers must be registered and paid in full in advance for before and after care to ensure proper staffing. Both sessions are free choice with both soccer related activities, and other games and activities for them to choose from. Electronic devices are strongly discouraged and camp will not be responsible for lost, damaged or stolen devices or responsible for the content on their devices. Camp does provide an after care, age appropriate movie.

Before Care:

-Supervised free time inside the Linder Fitness Center at 7:30am

After Care:

-Supervised free time inside and outside the Linder Fitness Center until 5:30pm